

**VICTORIA LAKE AND
UNIVERSITY OF JOHANNESBURG
ROWING CLUB**



**Notice of
THE 105th
VLUJ ROWING CLUB
NATIONAL SPRINT REGATTA
Saturday 28th January 2012**

**This notice of regatta is an invitation to all rowing clubs
who wish to participate in this sprint regatta**

1. VENUE:

Victoria Lake, Lake Road, Germiston, Johannesburg

2. DATE:

Saturday, 28th January 2011

3. TIME:

Racing starts at 07h30 on Saturday

4. EVENTS/PARTICIPANTS:

- ❖ The regatta will be run in terms of the relevant rules and laws as published in the RowSA Rules of Racing, and in terms of the conditions contained in this notice
- ❖ Masters racing will be handicapped as published in the RowSA Rules of Racing
- ❖ The entering of your club members serves as an acceptance of Indemnity in this regatta, namely that you declare that you accept the rules of entry and that you shall participate in the Victoria Lake and University of Johannesburg Rowing Club Regatta at your own risk and indemnify the Regatta Organizers, Sponsors and Officials of this rowing regatta against any claim of whatsoever nature and howsoever arising, which may result from your club's and your members' participation"
- ❖ ID cards and/files will be checked

- ❖ Any event attracting less than 3 entries from at least 2 different clubs at the time of the draw will be cancelled, and clubs concerned will be notified of such cancellation
- ❖ Races will not be held due to crew or boat clashes
- ❖ National Squad athletes may enter composite crews, however, they may not qualify for 1st place neither will they obtain any points for the affiliated clubs
- ❖ Please note that it is intended that in 2012 this regatta will become the National Senior Sprint Championships. In the opinion of the regatta organizer, many junior rowers can and should compete for the relevant national titles. Accordingly
 - There will be no 1st junior events; however rowers who normally row in 1st junior events are encouraged to race in Senior A events
 - There will be no 2nd junior events; however rowers who normally row in 2nd junior events are encouraged to race in Senior B events
 - There will be no U16 events however rowers who normally row in U16 events are encouraged to race in Senior C events
 - Junior men and women are not limited to Senior A, B or C – they can choose in which category they would like to race in
- ❖ If you are interested in entering an adaptive crew/event, please email Carol on carolb@uj.ac.za
- ❖ The complete list of available events can be found in *Annexure A*
- ❖ The order of events can be found in Annexure B.

5. ENTRY FEES FOR COMPETITORS & SPECTATORS

- ❖ **Spectators:** A non-competing spectator gate entry fee will be R20.00 for adults and R10.00 for teenagers and children (this includes one programme per family)
- ❖ **Competitors:**
 - Masters and Senior Club competitors will be charged R20.00 per rower per race (excluding coxswains)
 - Scholars (junior clubs) will be charged R10.00 per entry per event

ANY CLUBS WHO HAVE NOT PAID THEIR ENTRY FEES IN FULL WILL NOT BE PERMITTED TO RACE

6. REGATTA WATER RULES

- ❖ Diagram of The Victoria Lake Rowing Course Regatta Traffic Rules can be found in *Annexure C*. Each lane is equipped with a rope start buoy – coaches, please take the time to teach your younger rowers the correct procedure in their use

6.1 Rowing to the start

- ❖ Competitors proceeding to the start must row westward on the northern shore of the lake;
- ❖ Passing between the pump-house and the shore;
- ❖ Keeping at least 20 meters (one wide lane width) clear of Lane 1 of the racing course; and
- ❖ Must row round the rear (to the North) of the starter's platform at the west end of the lake.

6.2 Warm up area

- ❖ The warm up area is on the south side of the 8 lane rowing course. Crews wanting to go to the warm-up area must proceed with caution through the racing assembly area, and listen to all instructions from race officials as they do so.

6.3 Accessing the Warm-up area

- ❖ The warm up area is on the south side of lane eight of the rowing course;
- ❖ Competitors wanting to access the warm-up area must row round the back of the starting area; give way to all crews assembling to start;
- ❖ In doing so they must remain thoroughly aware of the presence of all other competitors;
- ❖ Must give way to all boats assembling to race; and
- ❖ Listen to all instructions from race officials.

6.4 Traffic Rules in the warm-up area

- ❖ The warm-up circuit is clockwise round the water-ski slalom course which is fully buoyed (and is the only clockwise circuit for rowers on the lake). So initially (while rowing Eastwards) they will be rowing parallel to the racing, and as such;
 - They may not do practice starts;
 - They may not pace racing crews; and
 - They may not enter the racing lanes, and must stay at least 30 meters clear of lane 8 which is the most southerly racing lane.
- ❖ All competitors must row round the east end of water-ski slalom course (which is fully buoyed). They may not cut the circuit short;
- ❖ Once round the East end of the slalom course, competitors should turn westward and row parallel to the southern shore of the lake;
- ❖ Competitors must maintain at least 30 metres of clear water between their boat and the slalom course;
- ❖ Competitors should beware of a rocky outcrop off the southern shore (approximately 150 metres from the west end of the lake). They should row outside the buoy marking the outcrop;
- ❖ Competitors may practice starts while rowing Westwards along the Southern shore of the lake;
- ❖ Care should be taken moving from the warm up area into the 'constricted racing assembly area';

- ❖ Competitors may not cross into racing lanes in front of the start line;
- ❖ Competitors must go round the back of the start line; and
- ❖ Take into account the presence of other crews moving into the warm up area.

6.5 Disqualified and withdrawing crews

- ❖ Disqualified competitors as well as others not racing for other reasons must return to the jetties by rowing Eastwards on the southern side of lane eight of the racing course. In doing so
 - They must comply with Rule 19; and
 - When they get to the east end of the lake, they must row round the east end of the finish line, taking care of boats racing, and proceed to the rowing jetties in the normal way, as if they had been racing.

7. ENTRIES

- ❖ Entries close at 17h00 on Wednesday, 18th January 2011
- ❖ Junior Men and Junior Women (U14-U19):
 - i. Only 2 entries per club per event and 2 entries per person will be accepted
 - 1. Unfortunately due to the regatta taking place over one day, more entries cannot be allowed. However, if time allows it, additional entries will be accommodated
 - ii. Even if participating in Senior events, juniors may only row in a maximum of 2 events each
- ❖ Seniors and Masters (clubs):
 - i. Only 2 entries per club per event and 3 entries per person for the entire regatta will be accepted
- ❖ The regatta organizer reserves the right to reduce the number of entries to 1 per club if paragraph 9 bullet 2 would otherwise be broken. Therefore it is imperative to indicate which entry is considered the 1st choice entry and which is the 2nd choice entry
- ❖ If there are available lanes thereafter, they will be assigned to third and subsequent entries in the order in which they are received
- ❖ Entries are to be made exclusively on the internet at www.regatta.co.za
- ❖ If you do not have a *username* and *password*, please contact the RowSA Administrator, details as follows:

Phone	(011) 770 6409
Email	row@rowsa.co.za
- ❖ The first draw and competitors list will be published on the website on Saturday, 21st January 2011
- ❖ Late entries will be accepted provided there are available lanes. All changes and/or late additions must be e-mailed to RowSA Administrator (row@rowsa.co.za) and Carol Blignaut (carolb@uj.ac.za) by 12h00 on Tuesday, 24th January 2010

- ❖ The final draw will be posted on the website by Wednesday, 25th January 2010.

8. ORDER OF EVENTS AND TIME GAPS

- ❖ Club captains' and coaches' attention is drawn to the intervals between races as set out in the draft draw (available from Saturday, 21nd January 2011). Crew entries and boat allocation should be planned around these times. The organizers will not be able to delay the published start times of any races in order to accommodate crew or boat clashes

9. HEATS & FINALS

- ❖ Heats and finals will only be rowed for MA and WA events:
 - Additional finals may be included if there is enough time in the racing schedule. This will be done at the regatta organizer's discretion
- ❖ All events are limited to only 16 entries per event
- ❖ If more than 8 entries are received for any event, the entries will be divided by draw into straight finals, which will be rowed successively. The crew recording the fastest time of the relevant races will be declared the winner of the event and awarded the medal(s) and/or certificate(s).

10. REGATTA CONTROL

- ❖ Any alterations to entries and/or scratches of crews must be reported to Regatta Control at least 1 hour prior to the published start time of the race
- ❖ Lightweight rowers and coxswains must weigh in a maximum of 2 hours and minimum of 1 hour prior to the published start time of their respective events; coxswains must supply their own ballasts if required
- ❖ Boat masses must comply with RowSA weight constraints

11. TRAILERS, PARKING AND SECURITY

- ❖ Rowing schools that are based at VLC are requested to remove their rowing trailers from the premises by Thursday, 26th January, 15h00. Trailers may be returned on Sunday, 29th January 2011
- ❖ Cars will not be allowed to park or drop off rowers on the VLC premises. Spectators, officials, competitors and coaches are requested to park across the road. Only towing vehicles and vehicles with permits are allowed onto the VLC grounds for the duration of the regatta
- ❖ A car with a roof rack and scull is not considered a tow vehicle and should be parked across the road
- ❖ A parking area has been arranged across the road from VLC at the cost of R5 per car
- ❖ Areas allocated for trailer parking and boat rigging will be distributed to all visiting clubs and/or schools one (1) week prior to the regatta. Please advise Carol Blignaut (carolb@uj.ac.za) if your trailer will be arriving at

VLC on or before Friday, 27th January. Trailer parking in the canoeing area will be organized on a first come first serve basis

- ❖ Security will be provided from the 16h00 on Friday afternoon until Sunday morning 8am. All visiting clubs are reminded that they need to make their own insurance arrangements and that the Victoria Lake/University of Johannesburg Rowing Club will not accept liability for any loss or damage to equipment on our premises

12. FOOD, REFRESHMENTS AND LIQUOR

- ❖ Food and refreshments will be available throughout the day
- ❖ The Club Restaurant is fully licensed and therefore **NO LIQUOR may be brought onto VLC premises**. The Club's bar facilities will be available for the purchase of refreshments for the duration of the regatta. Drinks (cold) can be ordered in advance, from the Club Manager, 011 825 3530 or 011 873 9300 and can be collected, with ice, on the day for consumption at your picnic site
- ❖ The Regatta Organizing Committee would appreciate it if you could remind your club members and supporters of the restrictions on liquor at VLC premises

13. POINTS FOR FLOATING TROPHIES

- ❖ Points will be awarded according to the points table in *Annexure C*
- ❖ The floating trophies for the regatta are as follows:

Donoratica Trophy

Senior clubs and universities will receive points for medal positions achieved in any of the Men's and or Women's Senior A, B and C events

Ian MacGregor Trophy

School and junior clubs will receive points for medal positions achieved in any of the Senior A, B and/or C events

Keith Maybery Trophy

Schools and junior clubs will receive points for medal positions achieved in any of the U14 and/or U15 events

Selwyn Tucker Trophy

Masters will receive points for medal positions achieved in any of the Master's events

Winners of the abovementioned floating trophies are determined using the following points system:

The following conditions prevail:

- ❖ In order to obtain maximum points in an event, a final must compose of a minimum of four participating boats, from at least three different clubs

- ❖ In the event of a three–boat final with boats from at least two different clubs, the first two places will receive points equivalent to second and third places, for example, 4 points for 1st place and 2 points for 2nd in a Senior A event
- ❖ No points will be awarded when there is a row-over

Other trophies include:

Chris Barratt Plate	Consol Trophy	Atlanta Challenge	ABSA Trophy	ABSA Trophy	Selwyn Tucker Plate
WA 8+	MA 8+	MA 1x	WA 2-	MA 2-	Masters 1 st Division 4x

- ❖ Medals will be awarded for 1st place of all A division events. Certificates will be awarded for all 2nd and 3rd place of A division events and 1st place of B division events.

14. PRIZE GIVING

- ❖ Competitors can fetch their certificates and/medals after their races from the Regatta Office
- ❖ Floating trophy presentations will be made after the final event of the day

The Victoria Lake/University of Johannesburg Rowing Club, VLUJ Juniors Rowing and the Regatta Organizing Committee look forward to your company at what we trust will be a most enjoyable and successful regatta. Please encourage as many non–rowers as possible to attend the event and see South African rowing at its best.

Yours sincerely

JILL TUCKER

VLUJ RC Chairperson

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ANNEXURE A: LIST OF EVENTS

SENIOR A MEN	SENIOR A WOMEN	MASTERS
LMA 1x	LWA 1x	1 st & 2 nd Division 1x
MA 1x	WA 1x	1 st & 2 nd Division 2x
MA 2-	WA 2-	1 st Division A4x-
LWMA 2-	WA 2x	1 st Division 8+
MA 2x	WA 4 -/WA 4+	
MA 4x/4x +	WA 4x/4x +	
MA 4 -	WA 8+	
MA 4+		
MA 8+		

SENIOR B MEN	SENIOR B WOMEN
MB 1x	WB 1x
MB 2-	WB 2-
MB 2x	WB 2x
MB 4x/4x+	WB 4x/4x+
MB 4-/4+	WB 4 -/WB 4+
MB 8+	WB 8+

SENIOR C MEN	SENIOR C WOMEN
MC 1x	WC 1x
MC 2x	WC 2x
MC 4x/4x+	WC 4x/4x+
MC 4-/4+	
MC 8+	

JUNIOR BOYS	JUNIOR GIRLS
JM15 4x	JW 15 2x
JM15 8x+	JW 15 4x+
JM14 8x+	JW14 4x+
JM14 4x+	JW 14 2x

ADDITIONAL RACE
Universities Alumni 8+

ANNEXURE B: ORDER OF EVENTS

Event No	Event	Event No	Event
1	Masters 1 st Division 2X	25	MB 2-
2	MB 2X	26	MC 2x
3	WC 1X	27	MA 4x+
4	WA 2-	28	JM15 4x+
5	MA 1x	29	MB 1x
6	MC 1x	30	WA 1x
7	MB 4x	31	MA 2-
8	JW 14 4X	32	LMA 2-
9	JW 15 2X	33	Masters 2 nd Division 1x
10	JM 14 8x	34	MC 4-/4+
11	WB 4x	35	MA 2x
12	WA 2x	36	WC 2x
13	MB 4-	37	WB 1x
14	MB 4+	38	JM 158x
15	WB 2-	39	JW14 2x
16	MC 8+	40	MB 8+
17	Masters 2 nd Division 2x	41	JW 15 4x+
18	WC 4x-/4x+	42	MC 4x/4x+
19	JM 14 4x	43	Masters 1 st Division A4x
20	WB 2x	44	WA 4x-
21	MA 4-	45	WA 4x+
22	MA 4+	46	WA 4-/4+
23	1 st Division 1x	47	MA 8+
24	WA 8+	48	Universities Alumni Race (lunch time)
Depending on the number of entries received for events, will determine the order of race numbers for heats.			

ANNEXURE C: POINTS TABLE

Section	A Section & 1st Division			B Section & 2nd Division			C Section			
	Event	1st	2nd	3rd	1st	2nd	3rd	1st	2nd	3rd
SCULLS										
Snr LW 1x	18	12	6							
Snr 1x	18	12	6	12	8	4	9	6	3	
Masters 1x	18	12	6	12	8	4				
PAIRS										
Snr 2-	21	14	7	12	9	6				
Snr LW 2-	21	14	7							
DOUBLES										
Snr 2X	21	14	7	12	9	6	9	6	3	
Masters 2x	21	14	7	12	9	6				
QUADS										
Snr 4x/4X+	24	16	8	15	10	5				
Masters 4x+	24	16	8	15	10	5				
Jnr 15 4x	21	14	7							
Jnr 14 4X+	21	14	7							
FOURS										
Snr 4-	24	16	8	15	10	5	9	6	3	
Snr 4+	24	16	8	15	10	5	9	6	3	
OCTOPULLS										
Jnr 15 8X+	18	12	6							
Jnr 14 8X+	18	12	6							
EIGHTS										
Sen 8+	30	20	10	18	12	6	12	8	4	
Masters	30	20	10							

ANNEXURE D: COURSE TRAFFIC RULES

