

ZRC / Grey Regatta

Saturday 28th January 2012

Redhouse

Grey High School and Zwartkops Rowing Club are pleased to invite you to submit entries for the ZRC/Grey Regatta. Entries must be submitted via the regatta entry website.

The closing date for entries is: Monday 23 January

- Entry fees are R25.00 per rower, per event, including cox.
- Entry fees should be paid before the regatta.
Cheques made out to: Grey High School Rowing Club.
Banking details:
Grey High School Rowing Club
Standard Bank
Branch: Pickering Street
Branch Code: 050-017
Account Number: 08 015 094 2
- The provisional draw will take place on Tuesday 26th and the final draw on Thursday 26th.
- Regatta racing will be three lanes maximum over 500m. If four or more crews enter the winner will be decided on times taken from heats.
- Races are scheduled at 5 minutes apart.
- Events will be scheduled after entries close - we will do our best to allow for doubling up of boats and crew members. Please indicate in an email if you have 'odd' doubling up (e.g. girls and boys using the same boats).
- Schools are encouraged to only enter the lower classes ('B', '2nd' etc.) if they have crews in the 'A' or '1st' class. If a case can be made based on previous results for a school's top crew to enter a lower class to make 'good racing' then this will be acceptable.
- Should there be insufficient entries for an event, boats could be allowed to race in another event but no medals will be awarded.
- As usual, a 'Boat Race' over the same distance as the Port Alfred course primarily aimed at BU19 1st Eights and GU19 1st Quads will be offered. If any lower or younger crews wish to enter as well they are most welcome.
- Medals: Only 1st places will be awarded medals. Medals will be presented to winning crews at Regatta Control during the course of the regatta. A short prize giving will be held at the ZRC clubhouse after the last event of the day.
- Bow numbers and bow balls are compulsory on all boats entering this regatta.
- Crews must be at the start two minutes before the scheduled starting time or stand to be disqualified.

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Racing Instructions

Please could all coaches, coxes and small boat steersmen read these instructions and make sure that all crews comply with them.

Boating

1. Make sure your boat has its **lane number** properly attached or **you may not be timed**.
2. Make sure your boat complies with the ROWSA safety rules (bow ball, heel restraints, buoyancy etc.) or it **will not be allowed to race**.
3. Boat in plenty of time to get to the start before your race. Due to the number of races we have to get through **late crews may be disqualified without warning**. We do not want to have to do this, but if the race falls behind we run the risk of it getting dark before racing is finished!
4. Boat with your bows pointing towards the start line (left as you look at the river).
5. Paddle to the start on the Boathouse side of the river (strokeside blades nearest the bank), but be careful of the shallow water as indicated on the map.
6. When paddling to the start past the Huge Yellow Buoy, stay between it and the Boathouse bank to avoid racing crews.
7. Be careful to avoid any racing crews which may have strayed off course. Move into the bank to avoid them if necessary.

Marshalling

1. Marshal just beyond the start line but do not go out of sight of the marshals.
2. Be in the marshalling area at least **5 minutes before the start of your race**.
3. Find and stay with your opposition.
4. Be already turned (pointing towards the finish) and in the correct lane when the race before yours starts so that we can quickly get you on the start, lined up and ready to go.

The Start

1. The Aligner will get all crews aligned and will start the race.
2. Make sure you are in your correct lane and **point your bows into the wind**. If you are pointing straight down the course and the wind is blowing across, you will get pushed into the bank and will not be able to race...
3. Lane 3 or 4 should be very close into the far bank. If there are only two crews in the race, then Lane 2 can be close up to the far bank.

The Race

1. Listen to the umpires and **respond immediately if they ask you to steer**. They are doing this to stop you from hitting other racing crews or crews paddling up to the start. **The umpire will point a flag at you and then point it in the direction they wish you to steer**.
2. Try to **keep away from the Boathouse side of the river**, the wind will tend to blow you across to it so be careful. There will not only be crews paddling to the start on the Boathouse side, but also it can get very shallow there.
3. There will probably be some 'special' steering exhibited, we may well not have time for re-rows so do your best to get out of the way of erratic crews (if you are fast enough, they can't hit you!).
4. Any crew steering into another (and **the umpire is the sole judge of who is at fault**) risks disqualification.

The Finish

1. There will be a klaxon at the finish which will sound for each crew as it crosses the line. So, if you are 3rd in your race wind down on the 3rd klaxon sound.
2. After the finish please keep paddling gently – **do not easy on the line** as another race may be coming up close behind.
3. Turn round and paddle to the Boathouse side, being careful to **avoid any racing crews on your way back to the boating area.**

We hope you all have an enjoyable and successful day of racing!