



64th SELBORNE SPRINT REGATTA NOTICE 2025

1.0 Regatta Format

1.1 The regatta consists of seven lane sprint racing over 500 metres on 7th Feb 2025

1.2 The provisional schedule for the regatta is as follows:

06h00 to 13h00	Heats
13h30 to 18h00	Finals

2.0 Local Rules

2.1 Except as detailed below the RowSA Rules of Racing apply.

2.2 No composite crews are permitted.

2.3 Coaches are to note that the turn-around times for rowers, coxes or boats entered in subsequent events varies between 30 and 45 minutes depending on congestion at the jetties. Crews and boats should be allocated to take account of this as no holds will be placed on races as a result of the congestion at the jetties

2.4 Any crews swapping in and out of boats at the jetty must ensure that this is cleared with Control Commission before swap.

2.5 Progression to the Finals will be in accordance with Rule A2 Rules of Progression for Eight Lane Course, from Rules of Racing issued by RowSA, effective from 28/07/2018, curtailed to Six lanes.

2.4 Invitation First Eights & quads or 1st 8+/4x B Final

These events will replace 49 and 50 If there are no entries in events 49 & 50 The winners of the B Final will be invited to take part in the A final.

3.0 Navigation Rules during Racing

3.1 Boats may only be launched from the jetties.

3.2 Boats must be launched on the West bank with their bows pointing up-river.

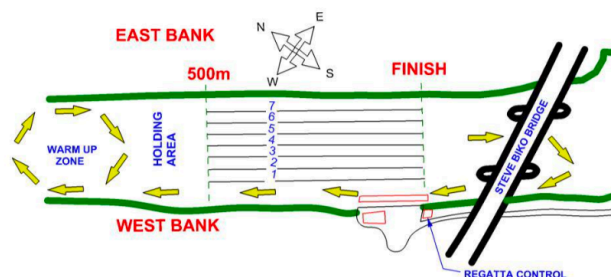
3.3 All boats must proceed to the start against the West Bank (Clubhouse Bank) and must remain on this side of the river as they move towards the start.

3.4 It is forbidden for any crew to row up-river in any of the 6 buoyed racing lanes at any time.

3.5 A start zone between the 500 meter start line and the 575 meter mark is for the exclusive use of the Umpire and the crews entered in the race under his/her control. The marshalling zone will be between the 575 and the 650 meter mark. The designated warm-up area is beyond the 650 meter mark. During warm-up crews are to move up-river against the West Bank (Clubhouse Side) and down-river on the East Bank (City Side) i.e. Clockwise circulation.

3.6 Any crew required to return to the jetties during the regatta and which is not part of a race may only do so under the permission and instruction of a regatta umpire. The returning crew must utilize the racing lanes in between races to move safely to the finish line.

3.7 Crews reaching the finish line and intending to return to the jetties must proceed through the Steve Biko Bridge between the pylons before turning towards the West Bank. **IT IS FORBIDDEN FOR ANY BOATS TO TURN IN FRONT OF THE BRIDGE.** Crews moving up-river towards the jetties must pass under the Steve Biko Bridge between the West Bank and the bridge pylon.





4.0 Entries

- 4.1 Clubs may enter a maximum of three (3) crews per event except as allowed in Rule 5.1. The first choice crew must be clearly indicated as the 'A' boat on the entry spreadsheet.
- 4.2 Events offered and proposed times for the Sprints 2025 are detailed below in Appendix A.
- 4.3 Entries must be submitted using the online Regatta Entry System at www.regatta.co.za. Contact Gaynor at row@rowsa.co.za if you need assistance. **NO OTHER ENTRIES ACCEPTED.**
- The **Closing Date** for **ENTRIES AND PAYMENT** is: **Wednesday 22ND January 2025 at 17h00**
- 4.5 Entry fees (per competitor per event) is R 55-00 per seat.
- 4.6 Payment is to be made by direct deposit into the following bank account:
- EAST LONDON BOATING ASSOCIATION
Standard Bank, Vincent, East London.
Account No.: 241 454 956
Branch Code: 053721
Reference: Club/School Name
- 4.7 Proof of payment is to be e-mailed to treasurer@elba.org.za
- 4.8 The draft draw will be available on **Friday 31th January 2025**
- 4.9 The final draw will be published on **MONDAY, 3rd FEBRUARY 2025**
- 4.10 If an event is over-subscribed (entries exceed maximum limit) all 'A' boats will be included. 'B' boats will be included on a first-come-first-served basis with respect to receipt of entries, provided payment has also been received.
- 4.11 If any entries are not accepted due to over-subscription of the event, the fees will be reimbursed by the East London Boating Association by no later than the 30th March 2025.
- 4.12 Entry fees will not be reimbursed for scratching after the closing date of 22/01/2025.

5.0 Late Entries

- 5.1 Late entries accepted if space available according to the draw published on 31/01/2025
- 5.2 Late entries will be on a cash-only basis on Wednesday 5th February 2025 at the Ron Beard Regatta Control from 15:00 to 16:00.
- 5.3 No late entries will be accepted at any other stage during the course of the regatta.
- 5.4 Late entry fees (per competitor per event) are R100-00.

6.0 Safety Briefing

- 6.1 The entering of your club and athletes in this event serves as an acceptance of indemnity for this regatta, namely that you declare that you understand and accept the rules of entry and that you shall participate at your own risk and indemnify the Regatta Organisers, Sponsors and Officials of the event.
- 6.2 An officials' safety briefing will take place 30 minutes prior to the start of racing on each day, highlighting the control from race officials as well as Safety Rules and Guidelines for the event.
- 6.3 A copy of the "Event Safety Rules and Guidelines" will be available from Regatta Control should a club wish to access a printed copy.
- 6.4 It is the responsibility of each Club Representative to communicate, inform and explain these "Event Safety Rules and Guidelines" (Annexure D) to their respective athletes.

7.0 Prize Giving

- 7.1 A formal prize-giving will be held at the ELBA Club House within an hour of the final race.
- 7.2 All trophies must be returned to David Hartwanger after the prize-giving.
- 7.3 The Selborne Shield (Junior Men) and the Clarendon Centenary Shield (Junior Women) will be awarded to the schools winning the highest number of points according to the table overleaf.



First Second Third Fourth

1 st Eights	12	10	8	6
1 st Fours; Girls 1 st Quads	10	8	6	4
Invitation 1 st Eights 1 st Sculls, Pairs, Double Sculls and Quads Second Fours and Eights U16A Fours, Quads and Eights U15A Quads				
Girls 1 st Sculls, Pairs and Doubles; 2 nd Quads Girls U16A Quads, U15A Quads,	8	6	4	2
Second Sculls, Pairs, Double Sculls and Quads Third Fours and Eights U16A Sculls, Double Sculls, U16B Fours U15A Sculls, Double Sculls, U15B Quads, Girls 2 nd Sculls and Doubles, 3 rd Quads, Girls U16A Sculls, Double Sculls, U16 B Quads Girls U15A Sculls, Double Sculls, U15B Quads,	6	4	2	1
Third Sculls Fourth Fours U16B Sculls Girls 3 rd Sculls, 3 rd Doubles	4	2	1	-
U15B Sculls, Girls U 15B Sculls,	3	2	1	

8.0 DRAW FOR ENTRY FEES

U23 women's 8 and Junior women's 8+ or 8x competing in the Sprints event will be entered into a draw to have their entries fees credited. Any men's or juniors men's club/school lending their 8+ or 8x to a women's crew to assist them entering these events will also be entered into the draw. This credit will be to a maximum of R3500 for use at the Sprints 2026.

9.0 General

9.1 Food and cool drinks will be available in the Clubhouse and a bar for over 18's.

9.2 Access to the regatta venue is via Nuffield Road from Settlers Way or from the Old Bridge.

10.0 Indemnity

Submitting an entry serves as an acceptance of Indemnity in this regatta, namely that you declare that you accept your own risk and indemnify the Regatta Organisers, Sponsors and Officials of this rowing regatta against any claim of whatsoever nature and howsoever arising, which may result from your schools, clubs and/or your rowers' participation.

All entries must comprise competent swimmers who must have successfully completed the Sculling Test in terms of Rule 2.1.2 of the Rules of Racing or wear a life jacket.

Bill Godfrey

Regatta Convener East London Boating Association



Appendix A – Sprint Events

Sprints 500m							
Division	1x	2x	2-	4x	4+	4-	8+
Men							
U23	✓	✓	✓			✓	✓
Women							
U23	✓	✓	✓			✓	✓
Junior Men							
1st	✓	✓	✓	✓	✓	✓	✓
2nd	✓	✓	✓	✓	✓	✓	✓
U16	✓	✓	✓	✓	✓	✓	✓
U15	✓	✓		✓			8x
Junior Women							
1st	✓	✓	✓	✓	✓	✓	✓
2nd	✓	✓	✓	✓	✓	✓	✓
U16	✓	✓	✓	✓	✓	✓	✓
U15	✓	✓		✓			8x



Event	Description	Time	Trophy
1	Jnr Women 1st 8+	13.20	
2	Jnr Men U15 4x	13.25	EL Boating Cup
3	Jnr Men 1st 2-	13.30	Charles McGill Cup
4	Jnr Women 2nd 2-	13.35	
5	U23 Women 2-	13.40	Bode Cup
6	Jnr Men U16 1x	13.45	
7	U23 Women 1x	13.50	Demi Davidson Trophy
8	Jnr Women/men U	13.55	
9	Jnr Men 2nd 8+	14.00	John Vermaak Cup
10	Jnr Women 1st 2x	14.05	Gquma Challenge
11	Jnr Men 1st 4x	14.10	Gquma Challenge Trophy
12	Jnr Women U16 4x	14.15	Rags Godfrey trophy
13	U23 Men 2-	14.20	
14	Jnr Men U16 4x	14.25	
15	U23 Men 1x	14.30	
16	Jnr Women 1st 1x	14.35	Kate Godfrey Trophy
17	Jnr Men U15 2x	14.40	
18	Jnr Women 2nd 1x	14.45	
19	Jnr Men 2nd 4x	14.50	
20	Jnr Men U16 4+	14.55	EL Boating Cup
21	Jnr Men U16 4-	15.00	
22	Jnr Women 2nd 4+	15.05	
23	Jnr Women U15 1x	15.10	
24	Jnr Men 2nd 2-	15.15	
25	Jnr Women U16 2x	15.20	
26	U23 Women 4-	15.25	
27	Jnr Women 2nd 4-	15.30	
28	Jnr Men 1st 4+	15.35	Trevor Shelver Cup
29	Jnr Men 1st 4-	15.40	
30	Jnr Women 2nd 4x	15.45	
31	Jnr Women U16 8+	15.50	
32	Jnr Men U15 1x	15.55	
33	Jnr Women U15 2x	16.00	
34	U23 Men 4-	16.05	
35	Jnr Men 2nd 1x	16.10	
36	Jnr Men U16 8+	16.15	Preston Cup
37	U23 Women 2x	16.20	
38	Jnr Women U16 4+	16.25	
39	Jnr Men 2nd 4+	16.30	Squibs Ogilvie Cup
40	Jnr Men 1st 1x	16.35	Wally botha Trophy
41	Jnr Women 1st 4+	16.40	
42	U23 Men 2x	16.45	
43	Jnr Women U15 4x	16.50	Cecil Godfrey Trophy
44	Jnr Men U16 2-	16.55	
45	Jnr Women 1st 4-	17.00	
46	Jnr Women 2nd 2x	17.05	
47	Jnr Men 2nd 2x	17.10	
48	Jnr Women U16 1x	17.15	
49	Jnr Women U16 4-	17.20	
50	Jnr Women 2nd 8+	17.25	
51	Jnr Men U16 2x	17.30	
52	U23 Women 8+	17.35	
53	Jnr Women U16 2-	17.40	
54	Jnr Men 1st 2x	17.45	Hutton Trophy
55	U23 Men 8+	17.50	
56	Jnr Women 1st 4x	17.55	Godlyn Rentals Salver
57	Jnr Men 1st 8+	18.00	B.R.A Cup